



THE OPRAH
MAGAZINE

WE YOUR BEST LIFE

LOVE
AT LAST
JUST WHEN
YOU THINK
YOU'VE MISSED
YOUR MOMENT...

EXERCISE:
THE LEAST
YOU CAN DO
(WOULD YOU BELIEVE
10 MINUTES A DAY?)

YOU!
STAYING
YOUNG!

DR. OZ'S GENIUS
2-WEEK PLAN

(YOU LOOK
BETTER ALREADY)

WHEN THE GOING
GETS TOUGH...
RULES TO PULL YOU THROUGH

OPRAH
TALKS TO
SEINFELD
MASTERING MARRIAGE,
MAKING A MOVIE,
YADA YADA

PLUS:
THE REAL
MICHELLE OBAMA

THE SIMPLEST
SKINCARE GUIDE EVER

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